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| **New Criteria** | **Health Package Benefit** | **Other recommended Tools** |
| **There are 5 key indicators that schools should expect to see improvement across:** | | |
| The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school | **Fitbit Physical activity programme**  Access to new central store of Health tracking equipment allowing schools to evidence their pupils’ data and compare it to the national target of 60min of moderate to vigorous activity daily activity.  ***Launched December 2017***  **Partnership Development Manager:**  Support of Partnership Development Manager in achieving new health and wellbeing criteria.  **Health & Wellbeing Festival every Half term with a different focus e.g.**  Physical wellbeing  Mental wellbeing  Girls self confidence  **School Active Planner**  A tool for primary schools to track and improve physical activity levels in their pupils  <https://activeschoolplanner.org/#welcome> | **One Life**  County Council Free Support Service that offer a six-week program offer covering a selection of the following, although aimed at the whole class/YR group we do ask for parental permission to do the children’s height and weight on week 1 and 6:     * Intro & Healthy bodies * Eatwell guide * Regular eating and Snacks * Portion size * 5 a day and blind tasting * Activity * Food labelling * Breakfast and screen time * Influences and triggers * What’s in my drink?   *mike.james@onelifesuffolk.co.uk*  **Change 4 life Sugar Scanner**  https://www.nhs.uk/change4life-beta/food-facts/sugar#j7bOug1jiqRlxmQb.97 |
| The profile of PE and sport is raised across the school as a tool for whole-school improvement | **The Children Health Project - Highly Recommended**  Health Ambassador training programme planned for passionate, enthusiastic teachers wishing to improve the health and wellbeing of their pupils. Over the course of 2 days, you will learn the science and educational theory behind our Project, and be supported to plan the introduction of the Project in your school. We also provide you with 160 lessons for all children in school, and an online learning platform for the children.  ***£100 Discounted for first 10 member schools***  ***£350 per place***  **Maths of the Day**  Raise attainment and attitudes towards maths through active lesson plans  Free course for member schools  <https://www.mathsoftheday.org.uk>  22nd March 2017 | **IMoves Active Classrooms**  The active classroom resources are designed for use in the classroom or school hall and provide opportunities for activity in subjects as diverse as literacy and phonics; science; geography, languages, history and PSHE.  Each activity has been designed with the outcomes of the lesson in mind and are easy to combine into the lesson ensuring that the children are able to learn actively, particularly useful for your kinaesthetic learners.  **CPD Training £250**  ***https://imoves.com/subjects/active-classrooms***  **Active 30:30**  Active 30:30 aims to help schools reduce sedentary behaviour and increase physical activity in young people outside of timetabled curriculum PE  [*www.youthsporttrust.org/active-3030-0*](http://www.youthsporttrust.org/active-3030-0)  Resource Pack £99.00  **Active Classrooms**  Active Classrooms is a one-day practical course that uses the context of PE and sport alongside practical learning approaches to support the teaching of English and maths.  [www.youthsporttrust.org/active-classrooms](http://www.youthsporttrust.org/active-classrooms)  *£225.00* |
| Increased confidence, knowledge and skills of all staff in teaching PE and sport | **Create Development – Highly Recommended**  A Unique, child-centred approach that transforms how we teach PE to engage and challenge EVERY child.  **Includes**   * Ground-breaking 3-days training Programme * Unrivalled personalised resources * Schemes of Work for your year Group * Ongoing Support including a teacher’s portal   ***£100 Discounted for first 10 member schools***  ***£400 per place***  **Free CPD**  IMoves Dance – 2nd October  PE Conference – 21st November  Health and Physical activity - 6th December  Cooperate Learning - 19th January  Tennis CPD – 23rd February  Sports Education – 5th March  Inclusive course –3rd May  Maths of the Day – 22nd March |  |
| Broader experience of a range of sports and activities offered to all pupils | **Go Geronimo Coaches – non Traditional sports**  Handball, Tag Rugby, Boccia, American flag football, Futsal, Power kite, Boxing, Taekwondo, street dance, boxercise, Rounder’s, SAQ  fundamental skills, Go fence, Zumba, Multi sports.  ***£190 per 6 hours***  **Wheelchair Basketball Experience**  Bury Bombers will provide two level two coaches and equipment for wheelchair basketball experience.  ***£220***  **Paralympics Day**  A full school day of Paralympics sport including Boccia, Goalball, Blind Football  ***£100***  **Balanceability**  6 x sessions delivered by a qualified instructor. Perfect for developing balance and coordination among EYFS and KS1 pupils.  ***£220***  **Play Leaders:** The Playground Leaders are taught skills such as communication, fair play, organising groups/teams and the STEP principle (space, task, equipment, people).  ***£220*** | **The Dailey Mile**  The aim of the Daily Mile is to improve the physical, social, emotional and mental health and wellbeing of our children – regardless of age, ability or personal circumstances.  It is a profoundly simple but effective concept, which any primary or nursery school can implement completely free of charge and without the need for staff training. Its impact can be transformational – improving not only the children’s fitness, but also their concentration levels, mood, behaviour and general wellbeing.  *https://thedailymile.co.uk* |
| Increased participation in competitive sport | **Sport Membership**  Access for schools to 25 various festivals, pathway events and development events. Schools can bring B team and C Teams to most most events.  ***£250*** |  |

* Ofsted are working with Public Health about adding a new obesity strategy into the schools Ofsted framework