

**U11 Swimming Gala Team Sheet**

**Format**

* Teams are made up of 10 competitors, with an even split of 4 boys and 4 girls who can all swim at least 25m & 2 pupils SEND pupils who can swim 10m aided or unaided.
* 25m Swimmers will take part in 1 individual Race, 1 Relay and 2 Team Challenges.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Gender** | **Individual Race** | **Relay***(4 Swimmers)* | **Team Challenge** |
| **Backstroke***(1 Swimmer)* | **Breaststroke***(1 Swimmer)* | **Freestyle***(1 Swimmer)* | **Raft Race***(5 Swimmers / 2 Races)* | **Treasure Hunt** *(5 Swimmers / 2 Races)* |
|  | Boy 1 (25m) |  |  | Yes | Yes | Yes | Yes |
|  | Boy 2 (25m) |  | Yes |  | Yes | Yes | Yes |
|  | Boy 3 (25m) | Yes |  |  | Yes | Yes | Yes |
|  | Boy 4 (25m) |  |  |  | Yes | Yes | Yes |
|  |
|  | Girl 1 (25m) |  |  | Yes | Yes | Yes | Yes |
|  | Girl 2 (25m) |  | Yes |  | Yes | Yes | Yes |
|  | Girl 3 (25m) | Yes |  |  | Yes | Yes | Yes |
|  | Girl 4 (25m) |  |  |  | Yes | Yes | Yes |
|  | Boy or Girl (10m)SEND |  |  |  |  | Yes  | Yes |
|  | Boy or Girl (10m)SEND |  |  |  |  | Yes | Yes |

* 10m swimmers will take part in both Team Challenge events.