

# Dishes & Domes

– Coordination / Striking & Fielding Type Games

## A Variation of a Classic Activity

### Activity

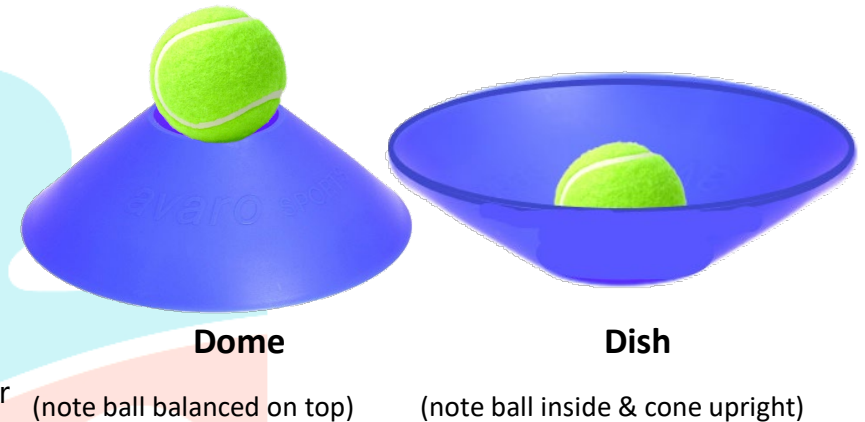
- Divide the pupils into 2 groups & give each pupil a cone & a tennis type ball
- One group will be **Dishes**, the other **Domes**.
- Explain that **Dishes** will place their cones on the floor and put the tennis ball in the cone (dish). **Domes** will place the ball on top of the cone (dome).
- Define the space to use (*STEP – if you want the pupils to run quickly and field, use a smaller space / larger if you want to build stamina*)
- On the word “**Go!**” pupils can run to any point in the space and put down their cone in the appropriate way (*Dish / Dome and ball*). Teacher checks for spacing, all within the area.
- Teacher can then shout “**GO!**” again. On this Go! the pupils who are **Domes** turn all the Dishes back to **Domes** taking care to place the ball on top. All the **Dishes** try to turn all the Domes back to **Dishes** taking care to ensure that the ball is in the Dish and the Dish is upright not spilling the ball!

**Note:** At the end of 30 secs / 1 minute (teacher decides) – if any balls are not on top of the Dome or in the Dish then that cone is void and does not score. Winning team is the team with the most Dishes (with a ball inside) or Domes (with a ball on top!).

**Rule, Strategy, Tactic:** - No guarding a cone(s), no kicking tennis ball away from a cone!

**Safety:** Keep your head up, always looking around you, be aware!

**Movement Transfer:** Fielding type sports such as Cricket / Rounders



### Outcomes (some!)

Basic Movement Skills – Moving & Locomotion

Fine Motor skills – picking up and placing / balancing

Enjoyment, Engagement – Team Work, Fair Play