

Example 1

PE Vision Statement

Our vision is for all children is to experience excellent physical education, school sport and physical activity that will lead to life-long participation.

Our PE curriculum aims to ensure that all pupils develop the fundamental skills and competence to excel in a wide range of physical activities by providing a broad and balanced curriculum with opportunities for all to be enjoyed.

A high quality PE curriculum will develop physical literacy and will allow pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. It also contributes to the development of a range of important cognitive skills such as decision-making and analysis, and social skills such as teamwork and communication.

Our PE curriculum will be inclusive and ensure that pupils of all abilities access the range of activities we offer and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives. There will also be opportunities for pupils to take on leadership roles in which they can build character and embed values such as fairness and respect. Regular participation in sport and physical activity can help to reduce the risk of heart failure; improve physical fitness; help with weight management; promote good health; instil self-discipline; develop skill; improve self-confidence; reduce stress and develop lifelong learning skills.

A high quality physical education curriculum can inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. We are improving our programme of intra and inter school competitions, which will provide opportunities for pupils to participate in competitive sports and activities both in and beyond the curriculum.

Our mission is to improve and increase the quality and quantity of high quality PE for pupils, to show how PE can enhance pupils' attainment and achievement and to create pathways for them to continue to be active beyond school. We will be developing our links to outside agencies and clubs, which will help to generate positive interaction in the community.

We are striving towards improving the delivery of the teaching and learning of PE in order to promote participation, progress and performance. Our school also recognises the impact that the provision of a high quality PE and school sport curriculum has on the whole school and that it can lead to whole school improvements.

Developing pupil's personal qualities through PE can affect their attitudes towards school and learning. When PE and school sport provision is of the highest quality, all pupils will, to the best of their abilities, develop and demonstrate the following personal qualities:

- A strong desire to learn and make progress
- High levels of dedication, attendance and involvement in PE and school sport
- High levels of commitment to PE and school sport
- Good levels of positive behaviour such as politeness, fair play and helpfulness.

By implementing a monitoring and reviewing assessment system of PE, we can measure the impact and progress of the quality and provision within our school, which will lead to overall whole school improvement.

Example 2:

PE Vision and Principles

'Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does.'

Nelson Mandela, 2000

At our school, we take the power of sport, physical education and activity very seriously and see it as a critical player in ensuring our children are physically and mentally healthy and develop to become successful learners, confident individuals and responsible citizens.



We want every child to be:

- Competent and confident physically and mentally
- Competitive successfully at their own level
- Demonstrate enjoyment and commitment when developing and maintaining a healthy, active lifestyle

Competent and confident physically and mentally

Our expectation is that every child will benefit from outstanding PE provision and be physically competent and confident through the planned, progressive curriculum and comprehensive extra-curricular programme.



Research has proven the role that PE and sport can play in the development of the whole child and in ensuring all round well-being. Our curricular and extra-curricular offer promotes and supports this.

We expect the values developed through PE and sport to transfer in to other areas of our children's lives, from academic to attendance and behaviour. Our Christian ethos and the 'super star' values of determination, honesty, passion, respect, self-belief, respect and teamwork support this. We aim for these, along with all our values, to be demonstrated in all aspects of school life and beyond.

Competitive successfully at their own level

'Winning isn't everything but wanting to win is.'

Vince Lombardi

At our school, competitive sport is viewed as part of the ethos of our school and of the opportunities we provide our children. Our children understand that winning is important, but also that the enjoyment of competitive sport and knowing that they have tried their best are equally as valuable.

As a school, we value the benefits that sport bring. The values of passion, teamwork, determination, honesty, respect and self-belief which cannot be underestimated in sport but also in life. It is these value which tie our school together.



The opportunity to win brings with it in equal measures the risk of defeat. It is these experiences which will shape the lives of our children, a life that will undoubtedly provide them with setbacks and challenges. Competitive sport provides our children with the opportunity to win modestly and lose gracefully. Not every child will be a world champion, but every child should have the opportunity to take part, compete and learn from the experiences of winning and losing.

Demonstrate enjoyment and commitment when developing and maintaining a healthy, active lifestyle

Our school is committed to developing the health and well-being of **all** of our school community through physical activity.

We provide a range of opportunities and experiences to ensure that children know and understand how to maintain a healthy, active lifestyle. This includes being physically active as well as learning about food and nutrition, self-care, healthy relationships and mental health. Our curriculum is comprehensive and places this element of children's education as a priority area.

We aim for children to be physically active following the Chief Medical Officer's guidance. Our children take 'active breaks' throughout their day and are encouraged to move regularly. This is supported by the raft of activities on offer throughout and beyond the school day which ensure children leave our school with the desire to continue to be physically active and maintain a healthy lifestyle.

Overall, children enjoy being active and want to continue to be as active as possible throughout their lives.

Example 3

Physical Education Vision Statement

We believe all children should have access to a high quality Physical Education (PE) curriculum and PE should be an integral part of the whole school curriculum. Our School recognises the benefits high quality PE provision and school sport can give to all pupils.

Our PE curriculum aims to ensure that all pupils develop physical literacy and the fundamental knowledge, understanding and skills to excel in a wide range of physical activities, by providing a broad & balanced curriculum with opportunities for all.

Our PE curriculum will contribute to healthy and active lifestyles; improve emotional well-being, reduce challenging behaviour, increase attendance and develop key skills such as leadership, confidence, social and team building skills.

'High quality PE and school sport produces young people with the skills, understanding, desire and commitment to continue to improve and achieve in a range of PE, sport and health-enhancing physical activities in line with their abilities' (DCMS Learning through PE & Sport).

PE encourages pupils to be active and supports them in their understanding of how to participate safely and effectively. Our PE curriculum is inclusive to ensure that pupils of all abilities access the range of activities on offer and that they are physically active for sustained periods of time in order to encourage them to lead healthy, active lives. Regular participation in sport and physical activity can help to reduce the risk of heart failure; improve physical fitness; help with weight management;

promote good health; instil self- discipline; develop skill; improve self- confidence; reduce stress and develop lifelong learning skills.

A high quality PE curriculum can also inspire pupils to succeed and excel in competitive sport and other physically demanding activities. We will endeavour to provide opportunities for pupils to participate in competitive sports and activities both in and beyond the curriculum. This will mean that all pupils have the opportunity to participate in regular competitive sport.

PE will develop not only physical literacy and physical skills, but it will allow pupils to learn about themselves, the importance of a healthy, active lifestyle, self-expression and concepts such as fair play and respect. It will also contribute to the development of a range of important cognitive skills, such as decision making and analysis, and social skills such as teamwork and communication.

Our School also recognises the impact that the provision of a high quality PE and School sport curriculum has on the whole School and that it can lead to whole School improvements. Developing pupil's personal qualities through PE can affect their attitudes towards school and learning. When PE and School sport provision is of the highest quality, all pupils will, to the best of their abilities, develop and demonstrate the following personal qualities:

- A strong desire to learn & make progress
- High levels of attendance and involvement in PE and School sport
- High levels of commitment to PE and School sport
- Good levels of positive behaviour such as politeness, fair play and helpfulness; and
- High levels of enjoyment and enthusiasm and a strong desire to get involved.'

(Taken from - DCMS Learning through PE & Sport)

Our Vision is to provide the highest quality PE for all children, of all abilities, to ensure the following

Pupil Outcomes:

- Pupils will **enjoy** PE and School sport.
- Pupils will be **committed** to PE and sport, **value it** and make it part of their lives – both in and out of school.
- Pupils will **know and understand** what they are trying to achieve in PE and how to go about doing it.
- Pupils will understand that PE and sport are an important part of a **healthy, active lifestyle**.
- Pupils will gain in **self-confidence** by getting involved in PE and sport.
- Pupils will develop the **skills and techniques** they need to take part in PE and sport.
- Pupils will experience **a wide range of competitive, creative and challenge-type activities**, both as individuals and as part of a team or group.
- Pupils will **think** about what they are doing in PE, **analyse and evaluate** and make appropriate **decisions** for themselves.
- Pupils will **show a desire to improve and achieve** to the highest levels in relation to their own abilities and potential.
- Pupils will develop **stamina, suppleness, strength and speed** to enable them to become long participants in sport and exercise

Reflection:

- What do you think about these examples? What do you notice about the similarities of what is written / the differences?
- Which did you feel drawn towards more and why do you think that was?
- Which one aligns more with your school's or your own thinking about PE?