

feel during exercise.

Supporting NC PE 2014

Progression in Gymnastics Activities Key Stage 1 Date: **Names** Criteria: Select & apply across KS1 Uses space safely & well. Can remember, repeat & explore simple actions Can work cooperatively with a partner. Work on apparatus safely. Can demonstrate different Levels in actions. Can demonstrate differences in Speed. Can land safely when Jumping. Can take weight on hands. Can create & apply different Body Shapes Can **Balance** on small and large body parts. Can **Travel** on different body parts. Can **Co-ordinate** body during movements Link movements to suit activity. Can adapt 'sequence' to include apparatus Is willing to practice and improve. Can evaluate their own movements. Can say how their bodies

Key: + if Exceeding beyond the basic framework, V if Established and E if Emerging / working towards the criteria - Use and reference 'When Considering Pupils Progress in Gymnastics Resource



Knowledge and Understanding of

Fitness and Health.

Developing Competence & Skills.

Understanding & Applying

Evaluating and Improving

Performance.