

AUTUMN TERM 2

15TH DECEMBER 2017

Sport & Health Newsletter

North Suffolk Sport & Health Partnership

New Partnership Turns up the Throttle

Around 1000 Students represent their school in a manic half term

With the new partnership in full swing, this half term has proven to be a manic but successful 6 weeks. Our local students have been amazing across many different sports and festivals so thank you for your schools hard work over the term.

On the 13th December Waterlane hosted its second Health festival of the year, however this time the event was focused on Mental Wellbeing. The activities



which were lead and planned by Lowestoft 6th form students encourage the children to socially interact with students from other schools, through such activities as problem solving, trust games and team work challenges. The children showed great enthusiasm across the whole afternoon with smiles on their faces whilst

making new friends from new schools. In total 160 students from 7 schools attended and worked brilliantly through all 7 activities. Our next festival will take place on 28th March and will focus on Year 6 Girls through the programme 'This Girl Can'.



Year 4 Unihoc
320 students In Action



Year 5 Badminton
Phoenix & Albert Primarys are victories



Panathlon Passion
Swimming and Boccia reports

Year 4 UniHoc

320 students competed over three events to become their pyramid champions

During November Ormiston Denes Academy, Sir John Leman and East Point Academy hosted their local feeder schools to deliver the team game of Unihoc. Leaders from all the host schools officiated 100 fixtures which took place between the schools.

Beccles School @ Leman

The Beccles primary school kicked off the Unihoc events with 10 teams spread across 2 leagues. After the group stages Albert Pye made their way to the final, and on goal difference Brampton won their group to face them in the final. After a close start Albert Pye drew clear to claim the title.

North Lowestoft @ Denes

The North part of our partnership saw the most teams take to the court out of all our three events. 15 Teams attended on the 10th November, due to the high number a separate B team event was ran for 5 schools. This saw 5 teams play a round robin with Roman Hill just piping Northfield to the title by 1 goal. In the Main event after many very competitive games Woods Loke and Gunton topped their leagues. Gunton went on to win the final remaining unbeaten throughout.

South Lowestoft @ East Point

With a smaller field East Point Academy hosted 8 teams from Phoenix, Westwood, Elm Tree, Red Oak and Pakefield. Both Phoenix and Red Oak A & B Teams met in the semi finals but Red Oak

proved too strong in the end, setting up an all Red Oak Final. After a nail biting game Red Oak B came out on top of a high quality final.

“Every school showed great team spirit and respect to all”



Above: Beccles Unihoc at Sir John Leman High School

Year 5 Badminton

Pakefield host annual Boys and Girls Doubles Year 5 Badminton on a cold Friday evening in December

On 8th December 8 Boys and 8 Girls pairs came together to be crowned Partnership champions. Pakefield High school leaders umpired and scored all the fixtures allowing the players to firmly concentrate on their job in hand of winning their games.

Both Boys and Girls Teams competed in two leagues of 4 with the top two teams making the semi-final.

In the Boys event Albert Pye stormed their league winning all their games, close behind was Northfield. In the other leagues it was a closer affair with Gunton, Grove and Elm tree all in contention. Gunton topped the league and Elm Tree B just managed to beat Grove to the 2nd Spot.

Albert Pye went on to beat Elm Tree B and Northfield just beat Gunton by one point to make the final. With a repeat of their league match Albert Pye became champions beating a very determined Northfield team, Elm Tree B took bronze place.

In the Girls event Phoenix A and Gunton won their groups with Grove and Albert Pye taking the other spots in the semi finals. Phoenix A Played some brilliant badminton to fend off Albert Pye to progress to the final, Gunton and Grove was a closer contest with Grove just taking the game in the closing few moments.

After a good start by Grove, Phoenix A found their feet in the final and drew clear to become partnership champions.



Boys	Place
Albert Pye	1
Northfield	2
Elm Tree B	3
Gunton	4

Girls	Place
Phoenix	1
Grove	2
Gunton	3
Albert Pye	4

Panathlon Heaven

Over this half term Panathlon supported our first Inclusive swimming Gala and our annual Primary Boccia Event.

On the 6th November Sentinel Leisure kindly gave us the use of their amazing pool at Waterlane to run our first ever inclusive Swimming Gala. 6 Teams from Roman Hill, Ashley School, Albert Pye and Elm Tree all splashed it out to become our first champions, with the winning school looking at a place in the national final at the olympic pool in London.

They competed in 10 various races ranging from a traditional 25m freestyle to a treasure hunt race where students needed to collect sunk objects and return them to the pool side. Lowestoft 6th form students were again supporting this event with some highly skilled time keeping, excellent support and encouragement from within the pool. Ashley School showed dominance of most races and manage to occupy the top 3 places



School	Points	Place
Ashley A	66	1
Ashley B	52	2
Ashley C	42	3
Albert Pye	41	4
Roman Hill	32	5
Elm Tree	24	6

Primary Boccia

Ashley School hosted our Primary boccia event for the 2nd year running. On a snowy cold afternoon 11 teams managed to make the trip to compete for North Suffolk title. Poplars and Reydon were making their first appearance at our boccia event which was being officiated by Ashley students fresh from their England Boccia leadership award the week before. After some close group games, Poplars and Albert Pye came together to make up the final 2 teams. It proved to be a great match with Poplars just edging the tie and winning their first ever Boccia event. The regional finals will be held on 1st March 2018.



Wheelchair Basketball

During this half Term Bury Bombers visited three Schools to showcase their amazing sport and educate pupils on awareness of disability sport.

Worlingham Primary School, Blundeston Primary School and Roman Hill all booked their half a day wheelchair basketball experience through the partnership additional services. Jill and Barry from the national league team Bury Bombers delivered their experience with great results.

All three schools had amazing days with many different classes getting to try their hand at wheelchair Basketball. All students got an experience of what it might feel like to be a wheelchair user and how fun but difficult the game of wheelchair basketball can be, it was a great eye opener for all the students involved.

If any other schools would like to book their experience day please get in contact with your PDM Jeffrey Hoey.



Above: Roman Hill Primary School



Above: Blundeston Primary School during their session

Wellbeing School of the Year 2016/17

Albert Pye have been awarded the title of Health & Wellbeing school of the year 2016/17. They are the first school to be awarded this title due to their amazing work through 'The Children's Health Project'. Their success comes from a whole school approach using health and physical activity to embed lifelong habits into their pupils and parents. As part of their award they have received a Free Health Membership with our Partnership worth £500. Schools will be able to apply for this award in the Summer term 2018, the winning school will be announced in July 2018 along with how to claim the free Health Membership worth £500.



Partnership Update

Welcome New Schools

Three new Schools Join the Health Movement

This half term we welcome three new Health members bring our total to 24 schools. So a warm welcome to Corton Primary School, The Ashley School and Kessingland Primary School.



New CPD Coming soon!

The Children's Health Project

Due to the success Albert Pye has had with 'The Children's Health Project' we are running our own training with the creator Ilse Fullarton. Currently we have 14 schools booked up leaving only 4 places left, so please get in contact so your school does not miss out.



Venue: Worlingham Primary School

Dates: 26th January & 2nd February

Price: £450

Create Development

One of the most highly thought of courses within physical education, this course is nationally recognised for having a massive impact on childrens fundamental movements and gives non confident teachers the tools to teach and evidence progress for all pupils.



Venue: Worlingham Primary School

Dates: 19th April & 17th May & 4th July

Price: £375 - **£120 Discounted**