

INTENT: Skills Progression - OAA

Year 3	Year 4	Year 5	Year 6
Has a developing knowledge of maps and diagrams.	Demonstrate an understanding of maps and diagrams.	Perform skills and strategies effectively.	Confidently perform skills and strategies.
Can travel around a simple course.	Can travel around a simple course.	Find solutions to problems and challenges.	Find solutions to problems and challenges.
Show initiative.	Show initiative.	Organise themselves in preparation for a task.	Organise themselves and others in preparation for a task.
Show an awareness of safety for themselves and others.	Show an awareness of safety for themselves and others.	Show an understanding of the challenge and their goals.	Show an understanding of the challenge and their goals.
Starting to plan sensible responses to problems.	Starting to plan sensible responses to problems.	Able to work increasingly well as part of a team.	Able to work increasingly well as part of a team.
Adapt their skills when the task changes.	Adapt their skills and strategies when the task changes.	Adapt their approach as necessary.	Adapt their approaches and strategies as necessary.
Willing to work as part of a team.	Willing to work as part of a team.	Able to approach a problem in several different ways.	Able to approach a problem in various different ways.
Suggest alternative solutions.	Suggest alternative solutions.	Say what they have done well and where they can improve.	Say what they have done well and where they can improve.
Identify strengths and weaknesses in their approach.	Identify strengths and weaknesses in their approach.	Take the lead in planning to improve weaknesses.	Take the lead in planning to improve weaknesses.
Accept and respond to feedback.	Accept and respond appropriately to feedback.	Plan, deliver and improve the strategies they use.	Plan, deliver and improve the strategies they use.
Say which parts of the task were successful.	Say which parts of the task were successful.	Prepare physically for challenges.	Prepare physically for challenges.
Recognise the physical demands placed on their bodies.	Recognise the physical demands placed on their bodies.	Understand the roles and responsibilities in a group.	Understand the roles and responsibilities in a group.
Say why we need to warm up.	Say why and how we need to warm up.	Say how a task physically affects their bodies.	Say how tasks physically affect their bodies, health & well-being.
Suggest suitable warm up activities.	Suggest suitable warm up activities.	Show an awareness of the group's safety.	Show an awareness of the group's safety.