

				Progi	gression in <b>Gymnastics Activities</b>								es	Year 6					Class:								
	Names																										
	Criteria:																										
	Select minimum of 1 from																										
	each colour band BUT 2																										
	from Green																										
1	Compose longer, more complex																										
	sequences with partner/group																										
2	Have confidence & competence																										
	to try new actions e.g. sportsacro																										
3	Include a wide range of <b>Actions</b> , <b>Body-shapes</b> and <b>Balances</b> .																										
	Develop Clear, Fluent and																									-+	
4	accurate movements.																										
5	Show Consistency & Control in																										
3	their own movements.																										
6	Combine gymnastic actions, shapes and balances.																										
	Solve a task by applying a range of									-	-															$\rightarrow$	
7	compositional ideas.																										
8	Perform a practised sequence to an																										
0	audience in small groups.																										
9	Can demonstrate control in a																										
	variety of Pair Balances									_	_															$\longrightarrow$	
11	Use Apparatus to support more challenging actions with <b>Control</b>																										
	Be aware of factors that influence																										
12	the quality of a performance.																										
13	Suggest aspects of a performance																	İ									
13	that need improving																										
14	Judge a performance using their																										
	own set of agreed criteria.				-					_	_	_	+	-												$\longrightarrow$	
15	Say why it is important to warm up and cool down.																										
40	Say why activity is good for their												1													$\rightarrow$	
16	health and well-being.																										
_							_			_	_			_	_						_		_				
	T.															valua+i	na ana	Impr	oving			۷n	owlad	ne and	Under	rstandi	ng of
	Supporting NC PE 2014	Developing Competence & Skills.					Understanding & Applying.							Evaluating and Improving Performance.							Knowledge and Understanding of Fitness and Health.						

Key: + if Exceeding beyond the basic framework, ✓ if Established and E if Emerging towards the criteria – Use & reference 'When Considering Pupils Progress in Gymnastics Resource'

